

## PHYSICAL LITERACY FRAMEWORK: A RESEARCH REVIEW

### *INSTRUMENTS TO MEASURE PHYSICAL LITERACY IN CHILDREN*

### *ASSESSMENT CATEGORIES*

1. Germany	Motorische Basiskompetenzen in der 3 (MOBAK-3 test) <a href="https://www.tandfonline.com/doi/full/10.1080/1091367X.2014.998821">https://www.tandfonline.com/doi/full/10.1080/1091367X.2014.998821</a>	Throwing, catching, bouncing, dribbling, balancing, rolling, moving variably
2. Spain	Movement assessment battery for children-2 (MABC-2) <a href="https://www.sciencedirect.com/science/article/abs/pii/S0891422210002891">https://www.sciencedirect.com/science/article/abs/pii/S0891422210002891</a>	Manual dexterity, aiming, catching, balance
3. Sweden	Motorisk Utveckling som Grund for Inlarning (MUGI) <a href="https://generationpep.se/sv/inspirationsbanken/motorisk-traning-enligh-mugi-modellen">https://generationpep.se/sv/inspirationsbanken/motorisk-traning-enligh-mugi-modellen</a>	Balance, bilateral coordination, hand-eye coordination
4. Croatia	FMS (Fundamental Movement Skills)-POLYGON test <a href="https://ncbi.nlm.nih.gov/pmc/articles/PMC3737899/">https://ncbi.nlm.nih.gov/pmc/articles/PMC3737899/</a>	Space covering skills, resistance overcoming skills, object control skills
5. UK	Physical Literacy Charting Tool (IPLA) <a href="https://www.physical-literacy.org.uk/library/charting-physical.literacy-journey-tool/">https://www.physical-literacy.org.uk/library/charting-physical.literacy-journey-tool/</a>	Motivation, confidence, physical competence, knowledge and understanding
6. USA	Perceptions of Physical Literacy for Middle-School Students (PPLMS) <a href="https://www.proquest.com/openview/6a4e01c27efe1b37104e7b3955feae2/1?pq-origsite=gscholar&amp;cbl=18750&amp;diss=y">https://www.proquest.com/openview/6a4e01c27efe1b37104e7b3955feae2/1?pq-origsite=gscholar&amp;cbl=18750&amp;diss=y</a>	Ability, confidence, desire
7. Canada	Canadian Assessment of Physical Literacy (CAPL version 2) <a href="https://www.activehealthykids.org/capl-2-training-materials/">https://www.activehealthykids.org/capl-2-training-materials/</a>	Physical competence, daily behaviour, motivation, confidence, knowledge, understanding
8. Canada	Passport for Life (PFL) <a href="https://passportforlife.ca/">https://passportforlife.ca/</a>	Active participation, living skills, fitness skills, movement skills
9. Canada	Physical Literacy Assessment for Youth (PLAY) /PLAYbasic, PLAYcoach, PLAYfun, PLAYself/ <a href="https://play.physicalliteracy.ca/play-tools/">https://play.physicalliteracy.ca/play-tools/</a>	Physical competence, knowledge and understanding
10. Australia	Physical Literacy in Children Questionnaire (PL-C Quest) <a href="https://www.sciencedirect.com/science/article/pii/S1469029222000322">https://www.sciencedirect.com/science/article/pii/S1469029222000322</a>	Physical, psychological, social, cognitive
11. China	Chinese Assessment and Evaluation of Physical Literacy (CAEPL) <a href="https://www.mdpi.com/1660-4601/17/8/2720">https://www.mdpi.com/1660-4601/17/8/2720</a>	Intensions of PA, knowledge of PA, behaviours of PA, motor/sport skills for PA, physical fitness
12. China	Physical Literacy Self-Assessment Questionnaire (PLAQ) <a href="https://doi.org/10.1371/journal.pone.0262976">https://doi.org/10.1371/journal.pone.0262976</a>	Physical competence, affective, knowledge and understanding, behaviour of physical activity